

**Blossom Valley Athletic League  
Wrestling Individual Champions  
2013-14**

<b><u>Weight</u></b>	<b><u>Champion</u></b>	<b><u>School</u></b>	<b><u>Runner-up</u></b>	<b><u>School</u></b>
108	Andre Lafosse	Westmont	Diego Balaan	Del Mar
115	Alvin Nguyen	Silver Creek	Jordan Auen	Oak Grove
122	Richie Avalos	Santa Teresa	Mike Amaro	Prospect
128	Matthew Mittlestead	Santa Teresa	Sebastian Marin	Silver Creek
134	Alexander Bradley	Oak Grove	John Vargas	Pioneer
140	Austin Langford	Live Oak	Elias Anderson	Branham
147	Jacob Thalin	Santa Teresa	Michael Rocha	Overfelt
154	Ryan Cummings	Leigh	Joshua Sambrano	Evergreen Valley
162	Brandon Lefore	Sobrato	Noor Kathem	Leland
172	Louis Castaneda	Del Mar	Nathan Polanco	Pioneer
184	Morgan Smith	Live Oak	Cheyenne Sanchez	Willow Glen
197	Lai Saechao	Overfelt	Ben Bowen	Leigh
222	Jack Loumena	Leland	Anthony Garaffo	Pioneer
287	Ramon Guzman	Lincoln	Tommy Saetern	Overfelt