

FIELD HOCKEY BY-LAWS

1. GOVERNING RULES

The current official Federation Field Hockey Rules shall govern Field Hockey.

- a) After a regulation tie, in varsity play only, a seven (7) minute, sudden victory; seven (7) per side shall occur. The 7-on-7 will follow the CCS format for play. Only after the conclusion of that scoreless period will the game end in a tie. (11/18/14)

2. GAME LIMITATIONS

- a) A maximum of 20 games plus two (2) scrimmages and one (1) non-CIF contest may be played. (5-18-09)
- b) A tournament shall be further defined as counting as the minimum number of contests the tournament guarantees to each team, or athlete. For purposes of definition, “contest” is defined as a competitive encounter with another school, or athlete, in which a score is kept. (5-16-96)
- c) Tournaments in which official timed games are not played will be counted as number of days the tournament is played. (12/01/11)
- d) Tournaments in which official Federation timed games are played will count as number of guaranteed games played. (EX: Tournament guaranteed games = 2, count shall be 2)
- e) Jamborees Definition also located in CCS By-Laws, Article V: (12/01/11)
A Jamboree is considered a contest per all CIF and CCS bylaws and is defined as:
 - 1) an activity involving teams or individual student-athletes from four (4) or more different schools in a CIF-approved sport; AND
 - 2) winners may be determined by the league and in a different manner than a regulation contest AND officials may be paid AND
 - 3) must be completed in one day AND
 - 4) where admission may be charged.

Only league sanctioned and/or sponsored Jamborees are allowed. Such Jamborees may only be contested between the CCS established date for the first scrimmage and that team’s last regular-season contest for any team participating in the Jamboree. Jamborees shall not count in the team’s maximum number of contests. Teams are limited to participation in one jamboree per season. (added to by-law 12/01/11)

3. TEAM CLASSIFICATIONS

- a) The Official teams in hockey shall be a Varsity team and a Junior Varsity team.
- b) Schools must field a Varsity team before fielding a Junior Varsity team.
- c) There will be no seniors on Junior Varsity teams. (4-99)
- d) Once league starts, a Varsity player cannot play in a Junior Varsity game, with the exception of the goalie position so long as that goalie does not exceed 20 contests for the season. A Junior Varsity player may play on the Varsity team in non-league division tournaments and return to the Junior Varsity Team for league/division play. (12/16/13)
 - 1) All players, including a goalie, are limited to one (1) contest per day with the exception of tournaments and Jamborees. (11/17/15)

- e) A Junior Varsity player who plays in a Varsity League Division Game is considered to be a Varsity for that school season only (with the exception of goalies) (12/16/13)

4. GAME MANAGEMENT REGULATIONS

- a) Varsity games will be played first, starting at 3:30pm with the JV contest to follow. Should Daylight Savings Time begin before the end of league schedule, varsity start times shall be 3:00pm with JV to follow, unless it is mutually agreed upon by both schools to play a night game. (11/18/14)
- b) The Varsity game shall consist of two (2) thirty-minute halves with a 5-minute half time. The game clock shall be stopped on all goals scored. If there is a 3-goal differential, the clock may run continuously if mutually agreed upon by both coaches. (11/17/15)
- c) The JV game shall consist of two (2) twenty-five minute halves with a 5 minute half time. The clock shall be stopped on all goals scored; if there is a 3-goal differential, the clock shall run continuously.
- d) A lineup of the team members will be submitted by each coach 15 minutes before the start of the game. The lineup is to include the players' names and uniform number. The game shall not start until the rosters have been submitted to the scorekeeper/timekeeper.
- e) If a game is rained out, the home team shall notify the visiting team and the officials by 12:00 noon. The rained out game shall be played at the earliest convenient day.
- e) A varsity game will be played with 2 officials unless both schools mutually agree on one official. (11-26-02)

5. YELLOW CARD/RED CARD

- a) A red-carded player shall be immediately ejected from the game. The team may not substitute for a red-carded player. The player will also have a one game suspension for the next game. (10/16/03)

6. DIVISION WINNER/C.C.S. REPRESENTATIVES

- a) A team shall be awarded three (3) points for a win, one (1) point for a tie. The division placement will be the order of team points. The team with the greatest number of points will be declared the champion. If there is a tie, both teams shall be declared Division Champions.
- b) If tied in points, the CCS Representative shall be the team with the better head-to-head record.
 - 1. If three (3) or more teams are tied determine the record against each other and apply three (3) points for a win and one (1) point for a tie to determine the CCS representative. (12/1/05)
- c) If still tied, the team with the greater number of wins in division play shall be the CCS Representative.
- d) If still tied, the team with the greatest goal differential between the tied schools in league head to head play. (11-26-02) shall be declared the CCS Representative between the schools tied.
- e) If still tied, the team with the least goals allowed in division play shall be declared the CCS Representative. (4-99)
- f) If still tied, a coin flip shall determine the CCS Representative.

7. DIVISION C.C.S. RERESENTATIVES FOR TOURNAMENT

- a) There will be a 14-team tournament:

BVAL has (6) automatic berths:
Mt. Hamilton Division Champs + 3
Santa Teresa Division Champs
Plus one (1) At-Large Berth

Please see CCS field hockey by-laws for tournament pairing.

Defining selection method for the BVAL “at-large” berth for CCS Field Hockey Tournament (revised 8/21/13)

1. There will be one (1) play-in game to determine the final “at-large” berth for CCS.
 - a. Game will be between the ST #2 and the MH #5 finishers
 - b. Game will be played on the Saturday following the final league game and before the CCS seeding meeting.
 - c. Game will be played at 11:00am at the host site, according to these guidelines. If game date falls on the same date as SAT testing, game time shall be 3:00pm (11/18/14):
Odd-numbered year - @ ST #2 site
Even-numbered year - @ MH #5 site
 - d. If the play-in game ends in a tie, CCS tie breaking procedures will be followed. (12/16/13)

8. ALL LEAGUE SELECTION

Section 1: All League selections shall follow the BVAL Chart of Awards as follows:

Varsity 1st team	13	
Varsity 2nd team	13	
JV 1st & 2nd teams	26	(4-20-99)

In addition Varsity will receive 6 special recognition awards: MVP, SR, JR., Soph, and Freshman of the year, and Goalie of the year. (12/01/11)

No team receives more than 8 All Leagues including the special awards. (1/23/01)

Section 2: In an attempt to avoid confusion when selecting All League teams, this section provides a number of formulas in which a division chairperson can follow. It is **required** that all JV-F/S level teams use these formulas and allow Varsity level teams the option to use them. (05/27/10)

- 1) Special awards are limited to 6 and not to be included in the 1st team (these are considered “over and above” the 1st team recognitions.)(MVP, SR, JR, SOPH, FRESH, GOALIE of the year are automatically included in 1st team and do not need to be added/listed as such, certificates say “. ...and is a member of the First Team All-league”).
- 2) SOPH or FRESH of the Year are considered “over and above” all-league teams and do not need to be listed on all-league teams.
- 3) In the case of a tie in the league standings, extra certificates will be provided to equal the exact finish amount (i.e.: if 2 teams tie for 2nd place, both teams will receive the number of all league certificates that the formula states the 2nd place should receive.)
- 4) Honorable mention awards will be pre-printed (with “Honorable Mention”) and be limited to 2 TOTAL per school (these will not be recorded by the BVAL and are for VARSITY ONLY)

- If you choose to give Co-MVP, Co-SR, etc., you must give up one of your remaining special awards. **You may not give up an all-league spot for a Co-spot.**

Section 4: Field Hockey (13 All-League certificates –(1st & 2nd)

(8 teams)			(7 teams)			(6 teams)		
1st	3	3	1st	3	3	1st	4	3
2nd	3	2	2nd	3	2	2nd	3	2
3rd	2	2	3rd	2	2	3rd	2	3
4th	2	1	4th	2	2	4th	2	2
5th	1	2	5th	1	2	5th	1	2
6th	1	1	6th	1	1	6th	1	1
7th	1	1	7th	1	1			
8th	-	1						

Section 5: Please see the CCS Field Hockey by-laws for tournament pairing.

9. **DIVISION PLACEMENT/MOVEMENT/REALIGNMENT**

1. If no school willingly chooses to move up or down at the conclusion of the league season to create parity among the two divisions, the school which finishes in last place in the MH division shall automatically move down to the Santa Teresa division and the school which finishes in 1st place in the Santa Teresa division shall automatically move up to the MH division. (11/17/15)