

WRESTLING BY-LAWS

1. OFFICIAL RULES

- 1.1 Wrestling dual meets and tournaments shall be conducted in accordance with the rules as defined in the National Federation Wrestling Rules Book.

2. TEAM CLASSIFICATION

- 2.1 Official competition shall be conducted in Varsity and Junior Varsity in both dual meets and league finals.
- 2.2 Seniors will not be eligible for JV competition.

3. GENERAL REGULATIONS

- 3.1 A tournament is defined as any involving athletes from four (4) or more teams.
- 3.2 Teams and individual athletes are limited each year to 40 matches excluding forfeits.
- 3.3 Follow CIF guidelines.
- 3.4 During league play wrestlers may move up to varsity and down to JV without restrictions.

4. WEIGHT CLASSIFICATIONS

- 4.1 Coaches bring pre-match weigh-in form. Need to have before weigh-ins.
- 4.2 Weigh-ins shall be conducted according to National Federation Guidelines. (Either JV/Var)
 - 4.2.1 No male weigh masters and/or male officials will conduct or be present at female weigh-ins; likewise, no female weigh masters and/or female officials will conduct or be present during male weigh-ins. **NFHS Rule Book Section 5, Article 7 states: “All contestants (male and female) shall weigh in wearing a suitable undergarment that completely covers the buttocks and the groin area. Female contestants must also wear suitable undergarment that covers their breasts”.** If a skin inspection or any other type of test that required the removal of the uniform is necessary, such procedures shall be done in a place where only same-gender supervisory personnel are present.
- 4.3 No wrestler may wrestle more than one weight class above his actual weight on the day of the dual meet or tournament. Coaches must record the wrestlers actual weight on the day of the dual meet or tournament.

5. DUAL MEET MANAGEMENT

- 5.1 An adult timer shall be assigned by the home administration during the course of the Varsity and JV matches.
- 5.2 The head scorer shall come from the home team and that score is the official book. The visiting team should provide a scorekeeper that shall sit next to the head scorer during the match.
- 5.3 It is the responsibility of the coaches to uphold health precautions, which include, but not

limited to, proper weight control, keeping mats cleaned during practices and for meets and being aware of infectious diseases.

- 5.4 Afternoon matches shall begin at 3:30 PM. Coaches shall decide who goes first varsity or JV. Night matches shall begin at 6:30 PM with the Junior Varsity team competing first. Time changes due to schedule conflicts will be noted in the master schedule.
- 5.5 Five (5)-weight classes for a dual meet shall be the standard for fielding a team.
- 5.6 Teams must fill their varsity line ups first for all league dual meets. A school cannot wrestle a JV match at a weight they are not filling at the varsity level first. (03/06/12)

6. LEAGUE FINALS - Individual

- 6.1 Blossom Valley Athletic League Finals are held to determine the **TOP SIX** placers that will go on to the CCS Individual Tournament. The tournament will be a double elimination format and will be held at a site that is conducive to running such an event over a one or two-day period. The winner of this tournament shall be declared the Blossom Valley Athletic League Champion. **(3-3-16)**
- 6.1a If necessary there will be a League Tournament wrestle off for the TOP FIVE PLACERS, the last qualifying place into the CCS tournament. 3rd/4th for the years when the league only qualifies 3 and 5th/6th for the years when the league only qualifies 5 into the CCS tournament for weights that have a tie due to the 5 match rule. ***The 7th and 8th place positions must be wrestled off to determine the BVAL wrestling alternates. (3/3/16)***

6.1b WRESTLE-OFF PROCEDURE

A wrestler granted favorable consideration by the Committee should participate in a wrestle-off with the last qualifier from the League Meet in the same weight class. The wrestle-off shall be held not later than the Wednesday following the League Finals, at the qualifier's site, or at a site mutually agreed upon. The League Commissioner shall decide on the specific date and time, if not mutually agreed upon by both coaches. Both wrestlers must make weight, with no weight allowance given. Failure to appear, or make weight for the wrestle-off will constitute a forfeit. The petitioner must step on the scale first, and make weight before the qualifier is required to do so. This policy will also apply to the wrestle offs for the alternate spot if needed due to the 5-match rule.

- 6.2 A rotation shall be set up to determine which school will run the tournament at the conducive site.
- 6.3 The Junior Varsity entry fee will be \$50.00 for 3 or fewer wrestlers, \$100.00 for 4 or more wrestlers. The money must be into the BVAL office one week prior to the tournament or schools will not be allowed to participate. (Rationale: At most tournaments, fee is \$25.00 per JV wrestler and \$50.00 per Varsity wrestler.) (3/7/13)
- 6.4 Awards will be provided by the League.
- 6.5 If a wrestler competes in the JV League finals, the wrestler may not compete in the Varsity League finals. No seniors, regardless of gender, may participate in JV Finals. (3/7/13)
- 6.6 JV league finals will use an appropriate sized bracket for the number of wrestlers in the weight class entered into the tournament not to exceed a 16-man bracket with the quarterfinal losers

wrestling back for 5th/6th, and the semifinal losers wrestling for 3rd/4th. If you have more than 2 per weight class and if the bracket allows for additional wrestlers the wrestlers may be entered into the tournament, with the tournament director's approval.

6.6A Female wrestlers who qualify for the girls state wrestling tournament CANNOT wrestle in the BVAL JV Tournament. Non-state qualifying female medalists ARE allowed to compete. (3/4/14)

6.6B Any female who medals at CCS Finals CAN wrestle in the BVAL Varsity Finals. Female state qualifiers CANNOT compete in the CCS Boys Tournament. (3/4/14)

6.7 Finals for both Varsity & JV will be hosted by the same school consecutive days.

6.8 Seeding Criteria:

A. Head-to-Head Current Season

B. State Place Previous Season

C. Section Place Previous Season

D. CCS Power points based on top 4 tournament placing

E. Overall Record

F. BVAL Placing Previous Season

G. Coaches Vote (each coach will be given 1 minute to make their case)

H. Coin flip

6.9 For JV wrestling finals there will be a 100 lb. classification

6.10 Girls' – Separate from JV Boys'. If we have four or more girls that can form a weight class they will be separated from the boys' at the BVAL Tournament/Finals. (03/04/09)

6.11 Schools must fill the varsity weights first for the league finals tournament. A school cannot submit any wrestlers in the JV tournament in weights they are not filling in the varsity tournament first.

6.11A Freshmen can't be required to go up to varsity tournament to fill a spot if the coach determines the freshman is not ready. Rationale: Some freshmen are not physically mature for varsity tournament.

6.12 ST Division and WV Division chairs will be responsible for gathering the following information and submitting it to CCS for the seeding meeting: 1. Alternate list, 2. At-large tally, 3. Vote for at-large. (3/7/13)

7. DIVISION DUAL MEET CHAMPIONS

7.1 Divisional Champions shall be determined by the best overall division record.

7.2 If there is a tie for league championship, the champion will be determined at League finals.

CIF-CENTRAL COAST SECTION HARDSHIP RULE - WRESTLING -(5/29/03)

Statement of Intent:

This procedure is designed to provide consideration for a deserving wrestler who, due to being under a doctor's care for an illness or injury, is prevented from participating in the League Finals Meet, and thus,

prevented from qualifying to the Section Meet.

This "Hardship Rule" is intended for use for qualifying from the League Meet into the Section Meet. It cannot be implemented for qualifying from the Section Meet to the State CIF Meet.

A. APPEAL COMMITTEE

An Appeal Committee shall be established, chaired by the League Meet Director, and consisting of the officially designated League Head Varsity Coaches. If the League Meet Director is a Head Varsity Coach, he/she may designate his/her Assistant Coach as his/her Representative on the Appeal Committee. No other designates may be used. No proxy votes for absent Coaches shall be allowed.

B. QUORUM

In order to hear an appeal, a quorum of the Committee must be established. (A quorum shall consist of any amount more than one-half of the total number of League Head Varsity Coaches.)

C. APPLICATION OF APPEAL

A written application of appeal for consideration shall be presented to the Appeal Committee by the Coach of the respective wrestler prior to the start of the League Tournament. The application shall include the wrestler's name, school, weight class, a thorough description of the circumstances preventing the wrestler's participation, and a written verification from the petitioner's doctor.

D. VOTE OF COMMITTEE

The Appeal Committee shall act on all such applications prior to the start of the League Meet. A simple majority of the eligible Committee members voting is required to grant the appeal, and the decision of the Committee is final. The Committee Chairperson shall vote only in the case of a tie vote by the Committee.

E. OFFICIALS

A qualified official, assigned by the League Commissioner from the appropriate accredited Officials Association, shall be used for all wrestle-offs. The petitioner's school will be responsible for paying the official's fee for the match.

F. PLACEMENT IN SECTION MEET

For Section Meet seeding purposes, the winner of the wrestle-off shall be inserted in the position of the last qualifier from the League Meet. However, a wrestler who has qualified through the "hardship" process may, by a vote of the CCS Wrestling Committee, be seeded.

G. MULTIPLE PETITIONERS

If two (2) or more wrestlers in the same weight-class are granted favorable consideration by the Committee, they shall participate in a wrestle-off of their own prior to the wrestle-off with the qualifier. The League Commissioner shall determine the date, time, site, and format (if it involves more than two wrestlers) of such wrestle-off. All other procedures of Sections E., F., & G. above shall apply. (May 29, 2003)

H. FOR BVAL LEAGUE FINALS ONLY

If a hardship is granted and there is a 5-match rule tie at the weight and placing of the hardship match, the 5-match rule tie will be wrestled off first.

- 1) The loser of the 5 match rule wrestle off will have to wrestle the hardship challenger if the BVAL qualifies 4 or 6 wrestlers to CCS
- 2) The winner of the 5 match rule wrestle off will have to wrestle the hardship challenger if the BVAL qualifies 3 or 5 wrestlers to CCS (03/06/12)

- 3) Prior to the start of seeding meeting, If an illness or accident occurs after the seeding meeting, must be mentioned at the start of coaches meeting. If coaches agree to Hardship, note must be dated no later than that day from a medical physician as stated by CIF, no chiropractor. (3/7/13)

WRESTLING FINALS SITES

<u>YEAR</u>	<u>JV & VARSITY FINALS SITE</u>
2015 – 2016	Westmont
2016 – 2017	Willow Glen
2017 – 2018	Yerba Buena
2018 – 2019	Andrew Hill
2019 – 2020	Branham
2020 – 2021	Del Mar
2021 – 2022	Evergreen Valley
2022 – 2023	Gunderson
2023 – 2024	Independence
2024 – 2025	James Lick
2025 – 2026	Leigh
2026 – 2027	Leland
2027 – 2028	Live Oak
2028 – 2029	Mt. Pleasant
2029 – 2030	Oak Grove
2030 – 2031	Overfelt
2031 – 2032	Piedmont Hills
2032 – 2033	Pioneer
2033 – 2034	Prospect
2034 – 2035	San Jose
2035 – 2036	Santa Teresa
2036 – 2037	Sobrato
2037 – 2038	Westmont
2038 – 2039	Willow Glen
2039 – 2040	Yerba Buena

**Revised 5/29/17 – If sites are determined too small or not safe, upon permission from the principal, another site will be chosen.*